



## Week 1 – Introduction

Review of the Syllabus at our first **Synchronous event on Tuesday evening January 31st. Login Located as you enter the course. An email will be sent to you by Alan Girelli about how to login.**

**Ask Questions** at the Threaded Discussions dedicated to questions about the course

**Personal Introductions:** Introducing Ourselves (See My Personal Introduction below and in Discussion Section): please go to the discussions section and share some of your own personal history and anything that will allow others to have a sense of who you are. Please attach a photo to your introduction in the discussion section. Thanks!

Our Families: *What was the alcohol language spoken at home?* For example, start reflecting about the ideas shared by your own family about substance abuse

*Basic Ideas about Systems Theory Read this Document before this session. Available at our web page*

**SESSIONS END ON THE DATE GIVEN ABOVE. BUT THE FIRST WEEK TASKS ARE ALSO ACCOMPLISHED DURING THE SECOND WEEK WHICH STARTS ON FEB 1ST AND ENDS ON FEB 7**