













# Physical Development 4







# Physical Development 7

*7. Build upper body strength*









# Physical Development 12

12. *Use eye-hand coordination, visual perception and tracking, and visual motor skills in play activities.*

[Sewing Cards Video](#)

















# Social and Emotional Health 20

20. *Describe members of their family and discuss what parents do for their children to keep them safe and healthy.*







# Safety and Health Care 23



# Safety and Health Care 25







# Safety and Health Care 29



