



Physical Development 4

Physical Development 7

7. Build upper body strength

Physical Development 12

12. *Use eye-hand coordination, visual perception and tracking, and visual motor skills in play activities.*

[Sewing Cards Video](#)

Social and Emotional Health 20

20. *Describe members of their family and discuss what parents do for their children to keep them safe and healthy.*

Safety and Health Care 23

Safety and Health Care 25

Safety and Health Care 29

