

Core Competencies for Early Education and Care and Out of School Time Educators:  
# 1  
Understanding the Growth and Development of Children and Youth  
Massachusetts Department of Early Education and Care

# About Presenter

- This PowerPoint Presentation contains an audio track which you should be hearing through your speakers/headphones
- To advance through the slide click on the **arrow** below the slide
- To Play the videos click on the box labeled **Video** or copy the URL from notes into your browser.



# Massachusetts Early Learning Guidelines for Infants and Toddlers

Module 1 – Session 2

Social

Emotional Development

**Massachusetts Department of Early  
Education and Care**

# Early Learning Guidelines

- Access from web:

<http://www.eec.state.ma.us/docs1/WorkforceDev/Layout.pdf>



## Massachusetts Early Learning Guidelines for Infants and Toddlers

Developed by the Massachusetts Association for the Education of Young Children with an ARRA grant from the Department of Early Education and Care



# Social Emotional Development Matters



Image courtesy of CSLP  
(<http://www.flickr.com/photos/44244119@N08/4070545068/>) (2009)

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4:40

# Social-Emotional Development

- Relates to, trusts, and becomes attached to consistent educators
- Notices and interacts with toddlers his or her own age
- Experiences and expresses a range of emotions
- Progresses in regulating own feelings and behaviors
- Develops a positive sense of self



# Relates To, Trusts, and Becomes Attached to Consistent Educators

- Attachment is the strong emotional tie that children feel with special people in their lives. Watch this video about attachment.
- Attunement
- Watch the “still face” experiment. What does this mean about our connections with infants and toddlers?



5:00



4:08



4:55



# Notices and Interacts With Toddlers Their Own Age

- Very young babies notice behavior of others watch this video and reflect on how infants respond to “helpers and hinders”
- Notice how the toddlers playing with each other in this video:  
Did you see any signs of imitation, when one child copied, pretended or practiced the activity of another?



1:24



1:34

# Experiences and Expresses a Range Of Emotions

- We want infants and toddlers to experience and express a wide range of emotions.
- Often toddlers express frustrations such as temper tantrums
- This video gives some suggestions for adults:



1:59



# Progresses in Regulating Own Feelings and Behaviors

- What is self-regulation?



4:41

- How do rules support young children?



1:26

# Develops a Positive Sense of Self

- Watch this video what do you see or hear that show children have positive sense of self



0:36

- How do you support children's positive sense of self?

# Brain Hero



Image courtesy of Queensland  
Government  
([http://www.health.qld.gov.au/abios/behaviour/asp/behav\\_manage.asp](http://www.health.qld.gov.au/abios/behaviour/asp/behav_manage.asp))

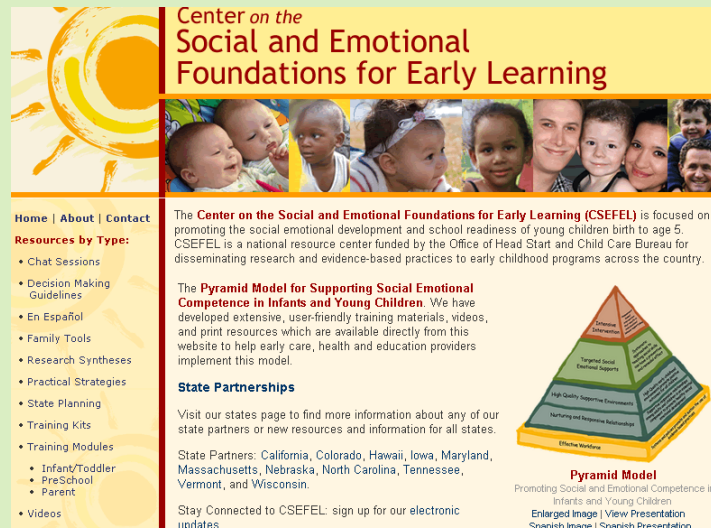


3:00

# For additional support

- Refer to the CSEFEL resources

[http://csefel.vanderbilt.edu/resources/training\\_infant.html](http://csefel.vanderbilt.edu/resources/training_infant.html)



The screenshot shows the homepage of the Center on the Social and Emotional Foundations for Early Learning (CSEFEL). The header features a sun icon and the center's name. Below the header is a collage of diverse young children and adults. The main content area is divided into several sections: a navigation menu with links for Home, About, and Contact; a 'Resources by Type' section listing various materials like Chat Sessions, Decision Making Guidelines, and Training Kits; a paragraph describing the center's mission; a 'Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children' diagram; a 'State Partnerships' section listing partner states; and a 'Stay Connected' section for electronic updates.

**Center on the Social and Emotional Foundations for Early Learning**

**Home | About | Contact**

**Resources by Type:**

- Chat Sessions
- Decision Making Guidelines
- En Español
- Family Tools
- Research Syntheses
- Practical Strategies
- State Planning
- Training Kits
- Training Modules
  - Infant/Toddler
  - PreSchool
  - Parent
- Videos

The **Center on the Social and Emotional Foundations for Early Learning (CSEFEL)** is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.

The **Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children**. We have developed extensive, user-friendly training materials, videos, and print resources which are available directly from this website to help early care, health and education providers implement this model.

**State Partnerships**

Visit our states page to find more information about any of our state partners or new resources and information for all states.

State Partners: California, Colorado, Hawaii, Iowa, Maryland, Massachusetts, Nebraska, North Carolina, Tennessee, Vermont, and Wisconsin.

Stay Connected to CSEFEL: sign up for our electronic updates.

**Pyramid Model**  
Promoting Social and Emotional Competence in Infants and Young Children  
Enlarged Image | View Presentation  
Spanish Image | Spanish Presentation